3RNet 2018 Annual Conference

Health Resources and Services Administration’s Response to Rural Health Workforce

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Deputy Associate Administrator, Federal Office of Rural Health Policy (FORH)
Health Resources and Services Administration (HRSA)
HHS, HRSA & FORHP
Health Resources and Services Administration

• HRSA supports more than 90 programs through grants and cooperative agreements to more than 3,000 awardees

• HRSA provides access to health care for people who are:
  • Geographically isolated
  • Economically or medically challenged

• HRSA programs serve tens of millions of people every year, including:
  • Pregnant women, mothers and their families
  • People living with HIV/AIDS
  • People living in rural communities
  • Those otherwise unable to access quality health care
FORHP Organizational Set Up

Community-Based Division
- Pilot Programs for Rural Communities
  - Expanding the Community Health Gateway
- Public Health Programs
  - Black Lung and Radiation Exposure

Policy Research Division
- Policy and Regulatory Analysis
- Research

Hospital-State Division
- Grants Focusing on Performance and Quality Improvement for Small Rural Hospitals
- State Offices of Rural Health

Office for the Advancement of Telehealth
- Telehealth Network Grants
- Telehealth Resource Centers
Focus Areas for FORHP

- Regulation Review & Research
- Rural Hospital Viability
- Telehealth
- Federal and Private Partnerships
- Departmental Priorities
- Enhancing FORHP Program Impact

- Opioids
- Drug Pricing
- Health Insurance Marketplace
- Value-based Health Care
<table>
<thead>
<tr>
<th>Program</th>
<th>Budget</th>
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<tbody>
<tr>
<td>Rural Health Policy Development</td>
<td>$9.3 million</td>
</tr>
<tr>
<td>Rural Health Outreach Programs</td>
<td>$71.4 million</td>
</tr>
<tr>
<td>Rural Hospital Flexibility Grants</td>
<td>$49.6 million</td>
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<tr>
<td>State Offices of Rural Health</td>
<td>$10 million</td>
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<tr>
<td>Radiation Exposure &amp; Screening</td>
<td>$1.8 million</td>
</tr>
<tr>
<td>Black Lung Clinics</td>
<td>$10 million</td>
</tr>
<tr>
<td>Telehealth</td>
<td>$23.5 million</td>
</tr>
<tr>
<td>Rural Communities Opioids Response</td>
<td>$100 million</td>
</tr>
<tr>
<td>Rural Residency Program</td>
<td>$15 million</td>
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</tbody>
</table>
# Rural Communities Opioid Response Funding Opportunity ($100M multi-year effort)

<table>
<thead>
<tr>
<th>Funding</th>
<th>Focus</th>
<th>Eligibility</th>
</tr>
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<tbody>
<tr>
<td>FY 18 Approach</td>
<td>Develop plans for implementing opioid use disorder prevention, treatment, and recovery interventions in their communities</td>
<td>All domestic public and private entities, non-profit and for-profit</td>
</tr>
<tr>
<td>• Up to 75 Planning grants</td>
<td></td>
<td>Lead applicant must be part of consortium of at least four entities</td>
</tr>
<tr>
<td>• Up to $200K for FY 18</td>
<td></td>
<td>All services must be provided in rural areas</td>
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<tr>
<td>FY 19 Approach</td>
<td>Emphasis on the 220 counties identified by the CDC as being at risk, and other high risk rural communities</td>
<td></td>
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<tr>
<td>• Planning grants</td>
<td></td>
<td></td>
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<tr>
<td>• Implementation grants</td>
<td></td>
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<tr>
<td>Leverage other opioid use disorder</td>
<td></td>
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<tr>
<td>National Health Service Corp.</td>
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More about this funding opportunity

Learn how HRSA is addressing the opioid crisis
[https://www.hrsa.gov/opioids](https://www.hrsa.gov/opioids)
Rural Health Opioid Program (Funded in FY 2017)

RHOP Program Objectives
• Identify individuals at-risk of overdose and guide them towards recovery
• Educate community members on opioid use
• Implement care coordination practices to organize patient care activities
• Support individuals in recovery by establishing new or enhancing existing behavioral counselling and peer support activities

Innovative Grantee Work
• Healthy Acadia (Ellsworth, ME)
Rural Health Care Services Outreach Program
Armstrong-Indiana Clarion Drug and Alcohol Commission—Shelocta, PA

• $200,000/year for three years to implement Addiction Recovery Mobile Outreach Team (ARMOT) Program
• Provides case management and recovery support services to adults and adolescents with substance use disorders (SUD) and education and support to rural hospital staff, patients, and their loved ones in three hospitals

SERVICES OFFERED

<table>
<thead>
<tr>
<th>Hospital Staff</th>
<th>Mobile Case Manager</th>
<th>Peer-Certified Recovery Specialist</th>
</tr>
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<tbody>
<tr>
<td>Screen patients to determine type of SUD and refer</td>
<td>Screens and assesses patients to determine treatment needed and</td>
<td>Meets with patients on request and can share lived experience and</td>
</tr>
<tr>
<td>them to ARMOT if patient gives written permission</td>
<td>discusses treatment options with patients</td>
<td>knowledge of SUD and recovery</td>
</tr>
<tr>
<td></td>
<td>Completes referral to treatment</td>
<td></td>
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<tr>
<td></td>
<td>Connects patients to community resources</td>
<td>Connects patients to community support groups (e.g., Alcoholics or</td>
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<tr>
<td></td>
<td></td>
<td>Narcotics Anonymous meetings)</td>
</tr>
<tr>
<td></td>
<td>Eduicates hospital staff on SUD and recovery process</td>
<td></td>
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Within first 18 months of grant, ARMOT made 254 referrals

Source: [https://www.ruralhealthinfo.org/project-examples/940](https://www.ruralhealthinfo.org/project-examples/940) (link includes video highlighting program)
Enhancing Program Impact

How to Address Specific Challenges

• Managing Chronic Disease
• Preventing Avoidable Re-Admissions
• Post-Discharge Planning
• Pivoting to Prevention
• Focusing on High-Utilizers

Leveraging the Rural Health Outreach Programs

• Outreach Services, Network, Quality, Planning
Community-Based Resources for 2018 and Beyond

Small Health Care Quality Improvement Program
The Small Health Care Provider Quality Improvement (SHCPQI) Program provides support to rural primary care providers for planning and implementation of quality improvement (QI) activities. Through these QI activities, the ultimate goal is to promote the development of an evidence-based culture and delivery of coordinated care in the primary care setting, while improving health outcomes for patients, enhancing chronic disease management and creating better engagement between patients and their caregivers.

For the FY 2016 competitive cycle, 108 eligible applications were received and 32 grant awards were made.

Program Activities Include:
• Develop collaborative partnerships across care settings for enhanced coordination, access and quality of patient care.
• Integrate services and multidisciplinary teams to effectively address social determinants of health and improve patient health outcomes.
• Share approaches to data collection, reporting and utilization for quality improvement, incentive program reporting and contributions to population health efforts.

| 3 Year Program | Up To $200,000 | Competitive FY 2019 |

Network Planning Grant Program
The Rural Health Network Development Planning Program is a one-year program that focuses on the development of an integrated health care network in a rural area. The program supports one year of planning with the primary goal of helping networks create a foundation for their infrastructure and focusing member efforts to address important regional or local community health needs.

For the FY 2017 competitive schedule, 64 applications were received and 23 grants were made.

Program Activities Include:
• Support strategic planning and community development
• Hire consultants and facilitators to support community-wide strategic planning or coordinated health needs assessments.

<p>| 1 Year Program | Up To $100,000 | Competitive FY 2019 |</p>
<table>
<thead>
<tr>
<th>Program</th>
<th>FY 2019</th>
<th>FY 2020</th>
<th>FY 2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Healthcare Provider Quality Program (Quality)</td>
<td>Funding applications available in Winter 2019.</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Awards in Summer 2019.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rural Health Care Services Outreach Program (Outreach)</td>
<td></td>
<td></td>
<td>Funding applications available in Fall 2020.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Awards in Summer 2021.</td>
</tr>
<tr>
<td>Rural Health Network Development Program (Network Development)</td>
<td></td>
<td></td>
<td>Funding applications available in Winter 2019.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Awards in Summer 2020.</td>
</tr>
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</table>
Hospital State Programs

Programs

- State Offices of Rural Health
  - Resource for all rural HRSA grantees: www.nosorh.org
- Medicare Rural Hospital Flexibility Grant
  - Supporting critical access hospitals to ensure access to high quality care in rural communities
- Small Rural Hospital Improvement Program
  - Hardware/software and training related to implementing value-based care

- 2018 Focus
  - Quality Improvement
  - Refining outcome measures for diverse scope of activities
  - Strengthening rural hospitals
  - Flex EMS Projects
State Offices of Rural Health

- Share information, resources and innovative projects with other rural health stakeholders
- Coordinate with other state partners on rural health issues
- Link rural health stakeholders to Federal and state resources
- Rural recruitment and retention

Connect with your SORH:
https://nosorh.org/nosorh-members/
Sec. 711. [42 U.S.C. 912] (a) There shall be established in the Department of Health and Human Services (in this section referred to as the “Department”) an Office of Rural Health Policy (in this section referred to as the “Office”). The Office shall be headed by a Director, who shall advise the Secretary on the effects of current policies and proposed statutory, regulatory, administrative, and budgetary changes in the programs established under titles XVIII and XIX on the financial viability of small rural hospitals, the ability of rural areas (and rural hospitals in particular) to attract and retain physicians and other health professionals, and access to (and the quality of) health care in rural areas.
Rural Hospital Viability

Rural Closures, Trends, and What Next?

83 Rural Hospital Closures: January 2010 – Present
Regulation Review and Research

- Review policy and regulations to assess impact on rural providers and beneficiaries on topics including hospital and physician payment, health information technology and workforce
- Funds and disseminates findings from the Rural Health Research Center Program
- Maintain a clearing house through the Rural Health Information Hub for rural health policy and program information including publications and maps
- Staffs the National Advisory Committee on Rural Health & Human Service to inform the Secretary of HHS
Rural Residency Initiative ($15M over 3 Years)

- Coordination Across FORHP and Bureau of Health Workforce
- Program Purpose
  - Expand the number of rural residency training programs
  - Support planning and development costs accrued while achieving program accreditation
  - Supports rural hospitals, medical schools, and community-based ambulatory settings
- FY 18
  - Technical Assistance Cooperative Agreement
- Plans for FY 19
  - Fund up to 14 rural hospitals to create rural residency programs
Rural Training Track Technical Assistance

Active and Developing RTTs – January 2016

- Active 1-2 RTTs
- 1-2 like RTTs
- Developing RTTs
- Contemplating RTTs

RTT Technical Assistance Program – Updated 1-16-2016, Randall Longenecker, Senior Project Advisor
Monitoring Workforce Data

Active Physicians per 100,000 population by Physician Specialty and Urbanization Level: United States, 2010

## Provider Density

<table>
<thead>
<tr>
<th>Provider Type</th>
<th>Metro</th>
<th>Non-Metro</th>
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</thead>
<tbody>
<tr>
<td>Physicians (MD, DO)</td>
<td>7.9 per 10K population</td>
<td>5.5 per 10K population</td>
</tr>
<tr>
<td>All Primary Care (MD, DO, NP, PA)</td>
<td>16.2 per 10K population</td>
<td>11.6 per 10K population</td>
</tr>
<tr>
<td>Dentists</td>
<td>5.9 per 10K population</td>
<td>3.6 per 10K population</td>
</tr>
<tr>
<td>Dental Hygienists</td>
<td>5.0 per 10K population</td>
<td>4.5 per 10K population</td>
</tr>
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Source: HRSA Area Health Resource File
HRSA and Rural Health Workforce

**CAHs as NHSC Sites**
- 248 CAHs
- 50 Clinicians

**Student Training**
- 185,764 students trained in ‘15-’16
- 8,409 training sites in rural areas

**Teaching Health Centers Program**
- Out of 57 grantees, 12 teaching health center programs are located in rural areas or have rural training tracks
Workforce

Projects on this Topic
The Centers have 9 research projects currently underway to explore this issue. In the past, 58 research projects have been completed on this topic.

Research Findings
View publications, including policy briefs, working papers, and final reports, on this topic:
- Research Products - (07)
- Journal Articles - (19)

Literature Review
- Informing Rural Primary Care Workforce Policy: What Does the Evidence
Telehealth

- **Telehealth Network Program:**
  Telehealth networks are funded to expand sites and services, contribute to the evidence base, and evaluate impact, as well as support technical assistance and research
Telehealth Funding Opportunity (FY 18)

Evidence-Based Tele-Behavioral Health Network Grant Program

• Program Information
  • 3-year program for up to $300K
  • Awards by September 30

• Two-fold purpose
  • Increase access to behavioral health care services in rural
  • Contribute to evidence base assessing effectiveness of tele-behavioral health care for patients, providers and payers
Telehealth

May 2018 National TRC Webinar
Telebehavioral Health Strategies for Rural Hospitals & Clinics

Register for Webinar

Education and Training
From webinars to training events, TRC offers what you need

Upcoming webinars
Past webinars
Calendar of events

HRSA
Health Resources & Services Administration
Telehealth
HRSA Needs Your Help

Become a HRSA Grant Reviewer

Weekly Announcements

Focus on …
- Rural-focused Funding opportunities
- Policy and Regulatory Developments Affecting Rural Providers and Communities
- Rural Research findings
- Policy updates from a Rural Perspective

To sign up: Email Michelle Daniels at: mdaniels@hrsa.gov
What To Remember?

- New Funding Opportunities:
  - Opioid Program
  - Rural Residency Program
  - Telehealth Program
  - Community-based Programs
- Rural Health Information Hub
- Rural Health Research Gateway
Connect with HRSA

To learn more about our agency, visit

www.HRSA.gov

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youtube
Contact Information

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